

Small changes, big differences.



Free Positive Parenting Discussion Groups

Parenting is an enjoyable and positive experience - though it can be challenging at times.

Triple P Discussion Groups are short, small group sessions that offer practical, effective ways to manage common issues and behaviours which most parents face with their children aged 3-8 years. Parents can use or adapt these strategies to suit their own values, beliefs and needs.

Discussion groups cover four topics, which will be offered for **free** at Gooseberry Hill Primary School in Term 3, 2021!

Dealing with disobedience	Managing fighting and aggression
Thursday 5 th August – 9-11am <i>To register for this session, click here</i>	Thursday 12 th August – 9-11am <i>To register for this session, click here</i>
Developing good bedtime routines	Hassle-free shopping with children
Thursday 19 th August – 9-11am <i>To register for this session, click here</i>	Thursday 26 th August – 9-11am <i>To register for this session, click here</i>

Parents will receive free take-home workbooks at each session they attend.

For more information or to register directly, email Jennifer.Edmonds2@education.wa.edu.au, phone Gooseberry Hill Primary School on 9257 4600 or visit www.triplep-parenting.net.au/wa. Crèche available – bookings essential: contact the school directly to enquire.

Places are limited, so early registrations are encouraged!

www.triplep-parenting.net